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are held.

New Beginnings Area of Narcotics Anonymous

> Help Line (800) 539-0457



# P.O.Box 192 Effingham, IL 62401 **www.nbana.org**

Altamont, Charleston, Effingham, Mattoon

Updated: October, 2024

## We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends-jails, institutions or death -or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual -- not religious--- program, known as Narcotics Anonymous. \*Taken from the Narcotics Anonymous "Basic Text".

## **Miracles Happen**

The real miracle happens when you realize that the need for drugs has in some way been lifted from you. You have stopped using and have started to live.

\*Taken from the Narcotics Anonymous "Basic Text".

#### Sunday

NEW ASSOCIATIONS 10:30 am - 11:30 am Journey Counseling Building 121 W. State Street Enter through the back door of the building on the far west side. Charleston, IL C, BT, TR, W

#### Monday

MONDAY NIGHT MEETING 7:00 pm - 8:00 pm First Christian Church 901 N. Henrietta Street Effingham, IL

0, L, W

VIRTUAL WOMEN'S NA MEETING 7:30 pm - 8:30 pm CDT Meets Virtually on Zoom Meeting Code: 975 4368 6916

### Tuesday

ANY ADDICT 7:00 pm 8:00 pm First Presbyterian Church 3111 7th Street Charleston, IL O, BI

O, BK, CW, W

\*N.A. is not affiliated with any of the facilities where our meetings are held.

#### Wednesday

NOT SO HIGH NOON 11:30 am - 1:00 pm First Presbyterian Church 3111 7th Street **Charleston, IL** 

0, CW, W

O, BT, CW

ROOM TO GROW 7:00 pm - 8:15 pm First Presbyterian Church 3111 7th Street Charleston, IL O, BT, CW, W

## Thursday

THE MEETING 6:30 pm - 7:30 pm Immaculate Conception Catholic Church 320 N. 21st street Rear Entrance to Cafeteria Mattoon, IL O, RR

WELCOME HOME 7:00 pm - 8:00 pm United Methodist Church 308 N. 2nd Street Altamont, IL \*Little Egypt Area O, RF, CW, W

NEW ATTITUDE 7:00 pm - 8:00 pm Meets Virtually on Zoom Meeting Code: 593 291 3961 **Charleston, IL** 



#### Saturday

NEED ANOTHER MEETING 10:30 am - 12:00 pm New Hope Worship Center 2175 E. Harrison Ave. Charleston, IL O, BT, CW, W

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#### SERENITY ON SATURDAY

6:00 pm - 7:00 pm Lake Ridge Christian Church 122 E. Steidl Road **Paris,IL O, WC, CW** 

### New Beginnings Area Service Committee meeting

3rd Sunday of each month 2:00 pm, Meets Virtually on Zoom Meeting code: 593 291 3961

Information about the Area Service Committee and the most current meeting schedule can be found at:

## www.nbana.org

More information can be found at our Region's website **www.illinoisna.org** 

Legend:

O-open meetings are for anyone wishing to experience our fellowship C-closed meetings are only for addicts or those who feel they may have a drug problem BK-Book Study BT-Basic Text CW- Children Welcome RF-Rotating Format RR-Round Robin TR-Tradition W-wheel chair accessible